Test Plan for MMC Fitness

A picture containing indoor, fruit

Description automatically generated

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| Students: May Ovadia, May Tzadoky, Chen Shitrit |  |
| Date: 13/9/2022 |  |
| Last Update: |  |
| Version: 2 |  |

Diagram, schematic

Description automatically generated

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# **Purpose**

This document is a test plan for the MMC website – for workout and fitness.

The purpose of this document is to test the correctness of functionality and data

according to the functional requirements specified in the SRS document.

# **Scope**

The application features are:

* Register as a user that subscribe to the system.
* Register as a user trainer.
* Register as a user nutritionist.
* Chat between user subscriber to user specialist (trainer/nutritionist)
* Add/delete/modify menu (by nutritionist user)
* Add/delete/modify workout (by trainer user)
* Watch workout (by user subscriber)
* Watch menu (by user subscriber)
* Generate report (by user subscriber)

# **HW and SW requirements for the tests**

The test cases should be performed on web site using Chrome browser.

## 3.1 Test case 1: Register, Login& Choose user mode subscriber

Functional Requirements tested:

* Register
* Login
* Choosing user mode – subscriber

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user enters via Chrome to website URL. | The website opened and shows the login screen |  |
| 2 | Press ‘Sign Up’ | The registration screen opens. |  |
| 3 | Press ‘Subscriber’ | Personal Details form opens |  |
| 4 | Fill the following details:   * First Name – Yael * Last Name - Sar Shalom * Phone number – 0524685748 * Email – [yael@gmail.com](mailto:yael@gmail.com) * Password- yael123! * Age – 25 * Height – 1.69 * Weight – 59 * Dietary limitations - choose from list ‘vegan' * Gender – Female * Workout amount – 2 * Target fat percentage - 30 * Target weight – 55 |  |  |
| 5 | Press ‘Signup’ | ‘created user successfully  with user ID – [ID]’  popup on the screen |  |
| 6 | Press enter on the popup | main page opened | passed |

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## 3.2 Test case 2: Login& Choose user mode – exist user

Functional Requirements tested:

* Login
* Choose user mode
* logout

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user enters via Chrome to website URL. | The website opened and shows the login screen |  |
| 2 | Enter:  User: subscriber  Email: [yael@gmail.com](mailto:yaelsarshalom@gmail.com)  Password: yael123! |  |  |
| 3 | Press “log in” button | Main page open with the user details, customize menu and workout opens |  |
| 4 | Press Logout | Login page opens | passed |

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## 3.3 Test case 3: Register, Login& Choose user mode ‘Trainer’

Functional Requirements tested:

* Register trainer

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| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user enters via Chrome to website URL. | The website opened and shows the login screen |  |
| 2 | Press ‘Sign Up’ | The registration screen opens. |  |
| 3 | Press ‘Trainer’ | Personal Details form opens |  |
| 4 | Fill the following details:   * First Name – Roni * Last Name - Shalom * Phone number – 0526853785 * Email – [Roni@gmail.com](mailto:Roni@gmail.com) * Password- roni123! * Seniority - 4 |  |  |
| 5 | Press ‘Signup’ | ‘created user successfully  with user ID – [ID]’  popup on the screen |  |
| 6 | Press enter on the popup | login page opened | passed |

## 3.4 Test case 4: Register, Login& Choose user mode ‘nutritionist’

Functional Requirements tested:

* Register nutritionist

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user enters via Chrome to website URL. | The website opened and shows the login screen |  |
| 2 | Press ‘Sign Up’ | The registration screen opens. |  |
| 3 | Press ‘Nutritionist’ | Personal Details form opens |  |
| 4 | Fill the following details:   * First Name – Ofir * Last Name - Shay * Phone number – 0527532654 * Email – [ofir@gmail.com](mailto:ofir@gmail.com) * Password- ofir123! * Seniority - 2 |  |  |
| 5 | Press ‘Signup’ | ‘created user successfully  with user ID – [ID]’  popup on the screen |  |
| 6 | Press enter on the popup | login page opened | passed |

## 3.5 Test case 5: Add Menu

Functional Requirements tested:

* Nutritionist user add menu to the system

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| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | Log in as Ofir shay – Nutritionist:  User: Nutritionist  Email: [ofir@gmail.com](mailto:ofir@gmail.com)  Password: ofir123! |  |  |
| 2 | Press on the "+" button | The 'Add menu' pop-up opened |  |
| 3 | Fill the following details:  Choose menu names from list:   * Meal 1: chicken with rise * Meal 2: apple * Meal 3: beef with salad * Menu calories: 1500 calories per day * Target audience: Lactose free |  |  |
| 4 | Press ‘Save’ | ‘created menu successfully’  popup on the screen |  |
| 5 | Press enter on the popup | main page opened – nutritionist options – Add menu display on main page |  |

## 3.6 Test case 6: Add workout

Functional Requirements tested:

* Trainer user add workout to the system

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a trainer | main page opened – trainer options – Add workout display on main page |  |
| 2 | Press ‘Add workout’ | The 'Add workout' page opened |  |
| 3 | Fill the following details:   * Workout type – Strength Training * Time: 45 minutes * Exercise 1:   + Name: Goblet squat   + Link: <https://www.youtube.com/watch?v=q4CSeayuKbo>   + Description: While holding a dumbbell with both hands at chest level, set your feet shoulder-width apart. Push your butt back like you’re sitting in an invisible chair and go down until your elbows meet the inside of your knees. * Exercise 2:   + Name: Plank rows   + Link: <https://www.youtube.com/watch?v=JPVTRwGmBho>   + Description: While gripping a pair of dumbbells, get into [pushup position](https://www.youtube.com/watch?v=eaKF6dt5tDQ). Your hands should be just over shoulder-width apart and your feet slightly over hip-width apart. |  |  |
| 4 | Press ‘Save’ | ‘created workout successfully’  popup on the screen |  |
| 5 | Press enter on the popup | main page opened – trainer options – Add workout display on the main page |  |

## 3.7 Test case 7: Watch workout

Functional Requirements tested:

* Subscriber user watch some workout

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a subscriber | ‘My Activities’ screen opens |  |
| 2 | Press ‘Watch workout planning’ | ‘Your Workouts’ page opened |  |
| 3 | Verify the page contains the following data:   * How many workouts the user did this week * How many workouts are left to the user to do this week * List of optional workouts links |  |  |
| 4 | Press on the workout link | ‘Workout’ page opened |  |
| 5 | Verify the workout contains the following data:   * Trainer name * Time of the workout * Description * Focus on * Video link |  |  |
| 6 | Press on the video link | A video opened and the user can watch the workout |  |

## 3.8 Test case 8: Watch menu

Functional Requirements tested:

* Subscriber user watch some menu

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| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a subscriber | ‘My Activities’ screen opens |  |
| 2 | Press ‘Watch menu’ | The 'watch menu' page opened  On this page, we can see the current status of the nutritional values consumed in the current week and the menu for the rest of the week. |  |

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## 3.9 Test case 9: Chat with expert

Functional Requirements tested:

* Subscriber user started a chat with an expert

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| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a subscriber | ‘My Activities’ screen opens |  |
| 2 | Verify a chat icon displays in the following pages:   * ‘Your Menu’ * ‘Your Workout Planning’ * ‘Workout’ * ‘Your Progress Report’ * ‘Add Workout’ * ‘Add Menu | A chat icon displayed in all MMC-fitness pages |  |
| 3 | Press ‘chat with expert’ from the following pages:   * ‘Your Menu’ * ‘Your Workout Planning’ * ‘Workout’ * ‘Your Progress Report’ * ‘Add Workout’ * ‘Add Menu | The ‘chat with expert’ page opened successfully from each page in MMC |  |
| 4 | Fill the following details:   * Choose expert: trainer * Title: Exercise- Plank * Content: How to do a correct plank |  |  |
| 5 | Press ‘Send’ button | Popup that ‘chat request sent successfully to your trainer’ displayed |  |
| 3 | Press ‘chat with expert’ from ‘workout’ page | The ‘chat with expert’ page opened |  |
| 4 | Fill the following details:   * Choose expert: trainer * Title: Exercise- Plank * Content: How to do a correct plank |  |  |
| 5 | Press ‘Cancel button | Popup that ‘chat request cancelled’ displayed and ‘workout’ page displayed |  |

## 4.0 Test case 10: Generate Report

Functional Requirements tested:

* Subscriber user generate some report

|  |  |  |  |
| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a subscriber | ‘My Activities’ screen opens |  |
| 2 | Press ‘generate report’ | The ‘generate report' page opened and displays a progress report |  |
| 3 | Verify the report contains the following data:   * The number of kilograms you lost in the last week * The number of kilograms you lost since you registered to MMC fitness * Graph of weight against week number | The data displays correctly |  |

## 4.1 Test case 11: Periodic condition assessment

Functional Requirements tested:

* Subscriber user gets periodic condition assessment

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| --- | --- | --- | --- |
|  | Steps | expected results | pass/fail |
| 1 | The user logs in to the website URL as a subscriber after three months since the user was registered to the system | ‘My activities’ screen opens with a notification for the user that informing that the menu and training set have been updated for him by certified trainer and nutritionist. |  |
| 2 | Press ‘Watch menu’ | The 'watch menu' page opened  on this page with an updated menu |  |
| 3 | Press ‘Watch workout’ | The 'watch workout page opened  on this page with an updated training set |  |